



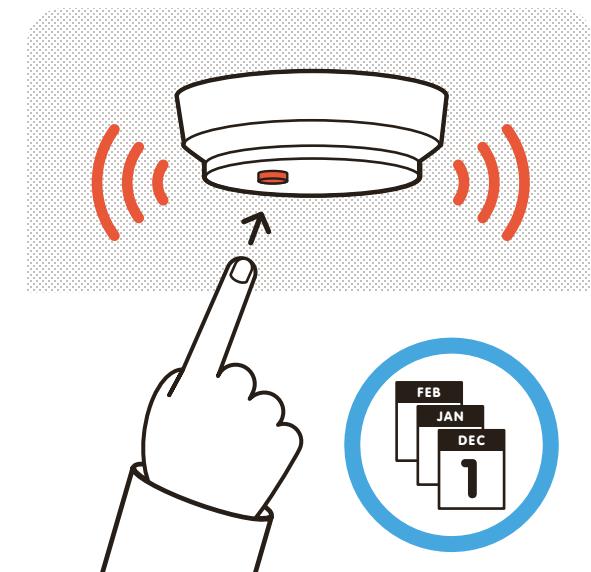
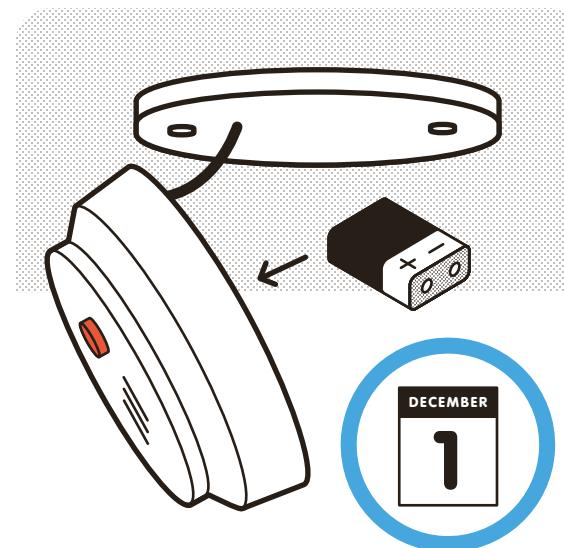
Norsk
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Ka badbaadinta dabka guriga



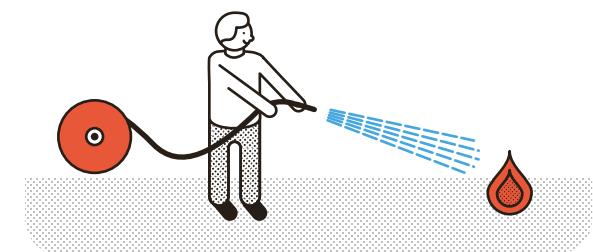
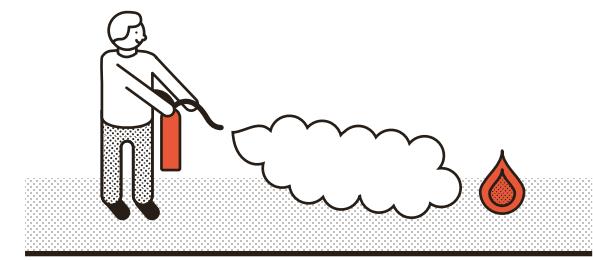
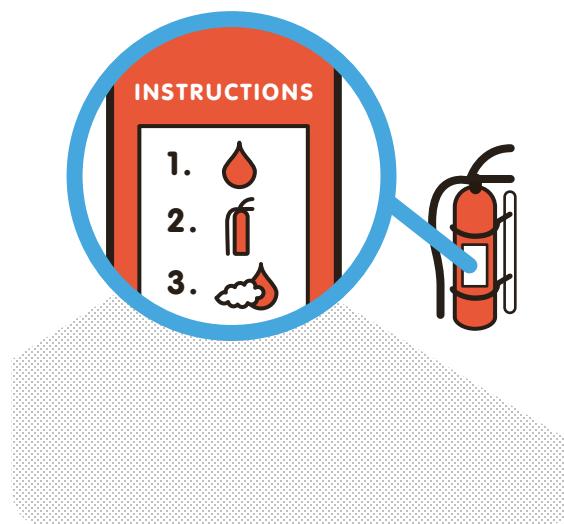
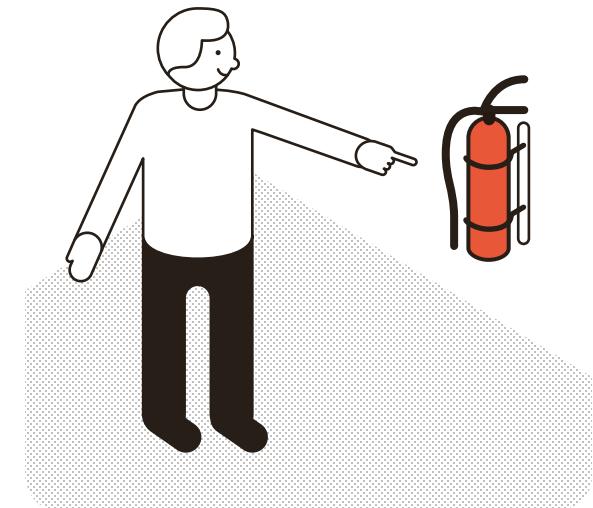
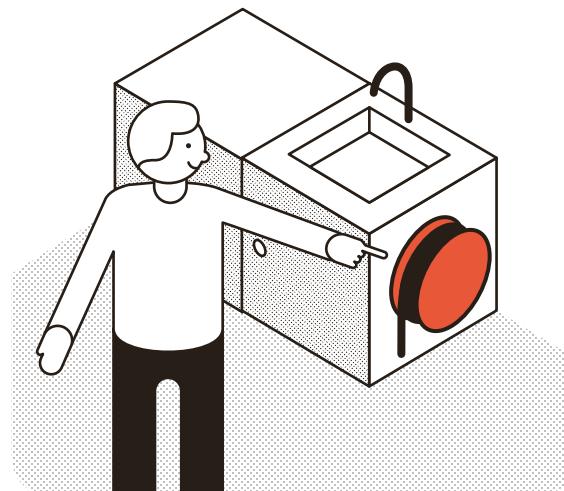
Qaylodhaan qiiq

Guri kasta waa inuu leeyahay hal qaylodhaan qiiq. Qaylodhaanta qiiqa ayaa bixiya digniin haddii dab uu bilaabmayo. Qaylodhaamaha qiiqa ayaa intooda badan leh batari la bedelo halkii sanaba mar. Tijaabi qaylodhaantaada qiiqa had iyo jeer adigoo istismaalaayo badhanka tijaabada.



Dab damiyaasha

Guri kasta waa inuu leeyahay tuubada biyaha ee lagu damiyo dabka mise dab damiye. Waxaa la door bidaa in labadaba aad leedahay. Qalabkaas dab daminta ayaa ah in markii loo baahdo la heli karo. Tilmaamaha u akhri si wanaagsan.

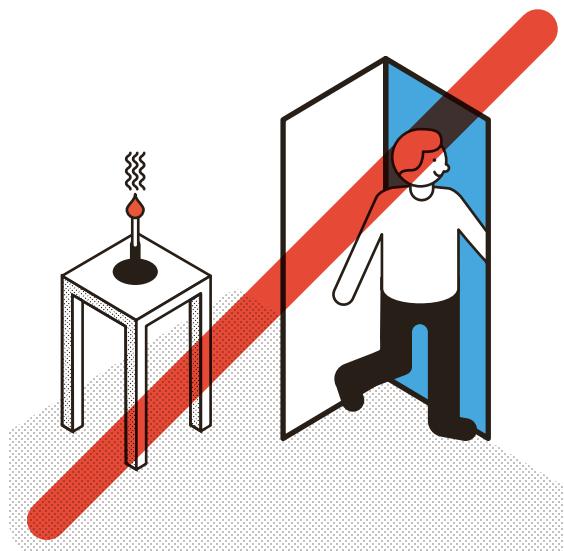


Ka hortagida dabka 1

Taxadar muuji mararka aad isticmaaleysid dabka holca. Marna ha ka tagin shumac daaran. Ha ag dhigin shumaca daaran waxyaabaha sida fudud dabka u qabsado.

Dambaska sigaarka uga faaruuqi haashtiriiga si taxadar leh. Marnaba ha kudaadinin dambaska kulul qashin qubka.

Ha ka tagin qalabka cuntada lagu karsado isagoo shidan. Haddii lagaa mashquuliyo cunto karinta, ka yaree dabka.

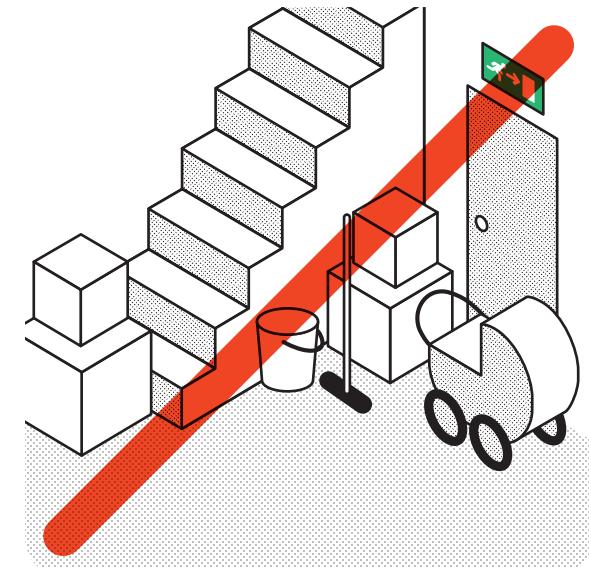
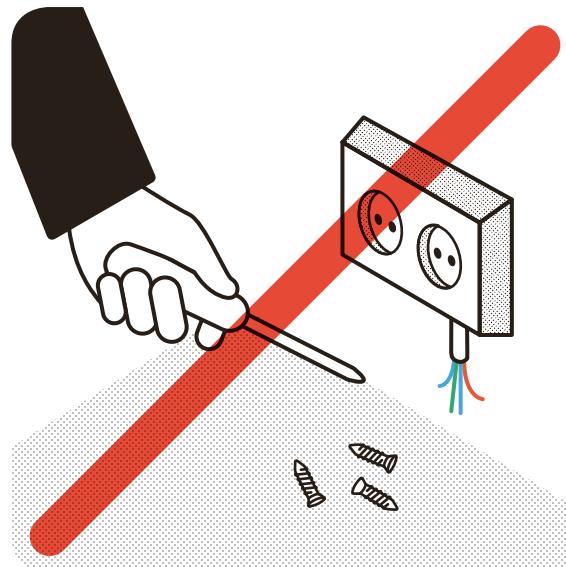
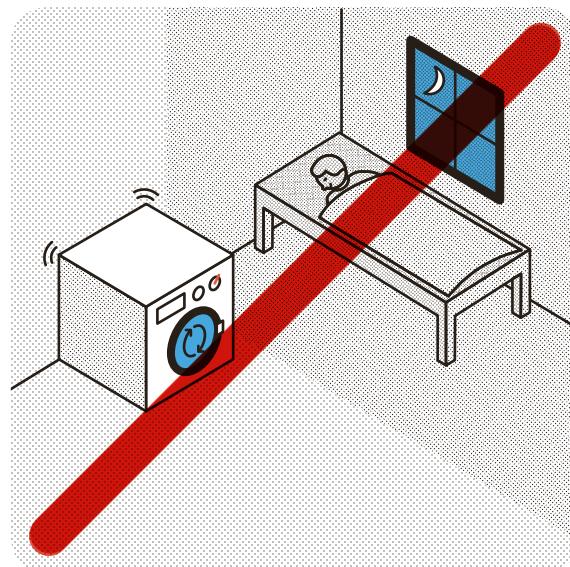


Ka hortagida dabka 2

Mar kasta oo aad baxeysid waxaa damisaa qasaaladaha dharka lagu dhaqdo iyo kuwa lagu qalajiyo. Ha ka seexanin iyagoo daaran.

Korontiistaha xirfada leh kali haa kuu rakibo hana kuu dayactiro qalabka korontada ku shaqeeyo.

Agabyada dhismaha, kartoonada mise qashinka ayuu inta badan dabka ka dhashaa. Wuxaad xaqiijisaa in jarjanjarooyinka iyo goobaha baabuurta la dhigto aysan lahayn waxyaabaha sida fudud dabka u qabsada. Sheeyada qashinka lagu rido ka fogee saraha.



Haddii dab dhasho

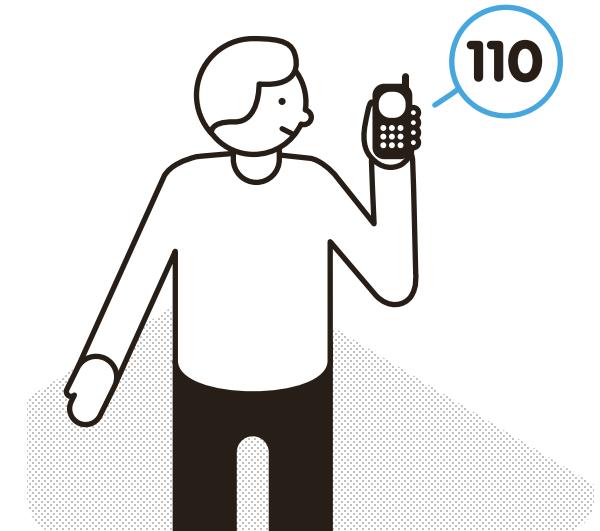
1) BADBAADI:

Waxaad xaqjisaa dadka dhan inay uga baxeen sarta si badbaado leh. Xir albaabada iyo daaqadaha. Goob loo qoondeeyey iskuugu taga.



2) OGEYSII:

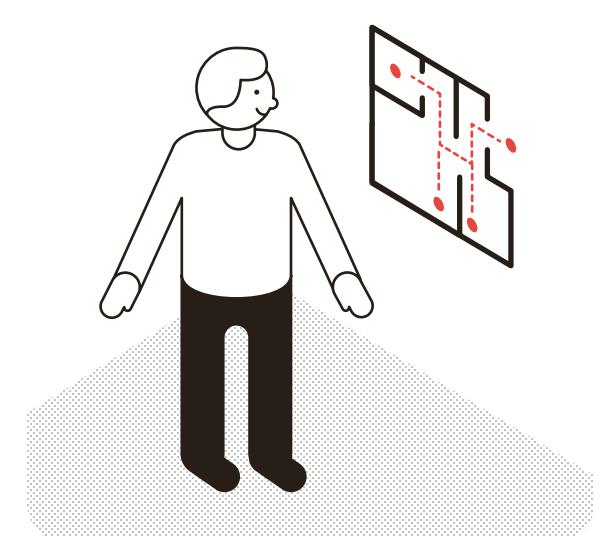
Ka wac dab damiyaasha lambarka; 110. U tilmaan cinwaanka goobta sarta ay ka gubaneyso.



3) DAMI:

Haddii dabka uu si baaxad leh u fidin, isku day inaad ku damin karto tuubada biyaha ee dabka lagu damiyo mise dab damiyaha. Ha khatar galinin naftaada. Qaaca ayaa sumeysan.

Shaqsii ahaantaada ka gaar sida aad u kala horeysiiso hawlaho dab daminta, adigoo qiimeynaayo xaallada. Waa muhiim inaad sameysid fal tijaabo oo dab damin ah.





Norsk brannvernforening

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E-mail: post@brannvernforeningen.no

Warbixintaan ayaa lugu heli karaa luqado badan oo si sida
yar loogu hadlo waxaana laga soo daabacan karaa [www.
brannvernforeningen.no](http://www.brannvernforeningen.no). Warbixintaan waxaa lagu soo saaray
iyadoo lala kaashtay Maaliyadda Norway (*Finansnæringens
Fellesorganisasjon – FNO*).